

**EUROPEAN OPEN GRAPPLING NO-GI
IGF CHAMPIONSHIP
REGULATIONS
24/09/2016**

I. OBJECTIVE AND TASKS

To promote grappling.
To improve athletes' skills.

II. PLACE AND TIME OF THE COMPETITION

Competition takes place at 12.00 on 24 September 2016, Kaunas, Lithuania. Kaunas District, Garliava Sports and Cultural Events Hall, Vasario 16-osios str. 8, Garliava, LT-53216, Kaunas District Municipality.

24 September. Arrival of participants, registration - weight-in starts at 10.00 and finishes at 11.00.

Kaunas District. Garliava Sports and Cultural Events Hall, Vasario 16-osios str. 8, Garliava, LT-53216, Kaunas District Municipality.

The athletes must provide a participant's licence-registration card and passport (National personal Identity Card, which indicates nationality and date of birth).

The tournament begins at 12.00 on the 24 September.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competition is personal, the number of participants is unlimited

Group	Participants	Weigh-in and registration on the competition day	Beginning of the competition	Weight divisions
1.	Females	10.00-11.00	12.00	-49; -53; -57; -61; -65; -69; -74; +74 kg
2	Females For absolute winner of the belt	10.00-11.00	17.00	Common
3	U-17, Boys born in 1999 and younger.	10.00-11.00	12.00	-52; -56; -60; -64; -68; -72; -76;-80;-84; +84 kg;
4	U-17, Boys born in 1999 and younger. For absolute winner of the belt	10.00-11.00	12.00	Common
5	U-19, Boys 1997-1998	10.00-11.00	12.00	-60;-64;-68;-72; -76;-80; -84; -90; +90 kg;
6	U-19, Boys 1997-1998 For absolute winner of the belt	10.00-11.00	17.00	Common
7	Adult beginners (men) born in 1996 and older.	10.00-11.00	15.00	-68; -72; -76; -80; -84; +84 kg;
8	Senior (men) born in 1996 and older.	10.00-11.00	15.00	-64;-68;-72;-76;-80; -84; -90; -100; +100 kg;
9	Senior (men) born in 1996 and older. For absolute winner of the belt	10.00-11.00	17.00	Common
10	Veterans born in 1981 and older	10.00-11.00	15.00	-72; -76; -80; -84; -90; +90 kg;
11	Veterans born in 1981 and older For absolute winner of the belt	10.00-11.00	17.00	Common

Note: if only one participant registers in a weight-category, he / she is moved one weight category up.
Beginners are athletes who have been doing wrestling sport for up to 2 years.

IV. HOLDING THE COMPETITION

The judge panel approved by IGF holds the competition;

V. RULES

IGF competitions follow the competition system adopted by IGF. <http://www.grapplingfederation.com/rules>

VI. AWARDS

The winners and prizewinners of the competition will be awarded with medals and diplomas.
Absolute winners will be awarded with belts.

VII. ENTRANCE REQUIREMENTS

The fee for participant's licence - registration card is 30 EUR.

The fee of entrant licence-registration card for the absolute championship belt is 30 Euros.

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

Competition hotel is Motel "Jonučiai " Lozoraičio g. 43, Garliava, Kaunas district, Lithuania

Phone: Russian: +370 610 64224 ; English: +37064644896; E. mail: Info@motelisjonuciai.lt

<http://www.motelislaurita.lt/jonuciai/kontaktai.html>
<http://www.booking.com/hotel/lt/motelis-jonuaiai.lt.html>

It costs 10 Euros

VII. REGISTRATION

The number of participants is unlimited. Registration www.grapplingfederation.com until 22 September 2016. All the registered participants will receive a participant's card via e-mail which they must print out and submit on the day of the competition.

Athletes who will not have registered or will not have a registration card on the day of the competition will be required to pay 40 euros.

Participants' licences - registration cards of minors must be signed by their parents or guardians.

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