



APPROVED International grappling federation President Gintare Bubnytr-Smirnoviene



APPROVED Sport club Faiteris Director Arnoldas Lukosiunas

BALTIC OPEN GRAPPLING GI/NOGI CHAMPIONSHIP REGULATIONS

I. OBJECTIVE AND TASKS

To promote grappling and to improve athletes skills.

II. PLACE AND TIME OF THE COMPETITION

The competition takes place on 26 April 2025 at 11:00 in Zeimiu g. 17, Jonava, Lithuania. Arrival of participants, registration – weight – in 26 April between 9:00 and 10:00.

After the weighing time, the participants will not be weighed!

Athletes must present a valid identity document.

The competition begins at 11.00.

III. PARTICIPANTS AND PROGRAMME OF THE COMPETITION

Competitions are individual, the number of participants is unlimited **Discipline Gi**

Group	Participates	Weight categories
1	Girls U11, 2014 and youngers	23, 26, 29, 33, 37, 41, 47, 53, +53 kg
2	Girls U15, 2010-2013 m.	26,29, 33, 37, 41, 47, 53, 61, +61 kg
3.	Womens 2009 and older, beginners	47, 53, 61, 69, 77, +77 kg
4.	Womens 2009 and older	47, 53, 61, 69, 77, +77 kg
5	Boys U9, 2016 and youngers	22, 25, 28, 32, 36, 40, 44, 48, 52, 58, +58 kg
6	Boys U11, 2014-2015	25, 28, 32, 36, 40, 44, 48, 52, 58, 64, +64 kg
7.	Boys U13, 2012-2013	32, 36, 40, 44, 48, 52, 58, 64, 72, +72 kg
8.	Boys U15, 2010-2011	40, 44, 48, 52, 58, 64, 72, 80, +80 kg
9.	Boys U17, 2008-2009	52, 58, 64, 72, 80, 90, +90 kg
10.	Men 2007 and older, beginners	64, 72, 80, 90, 100, +100 kg
11.	Men 2007 and older	64, 72, 80, 90, 100, +100 kg
12.	Masters men 1990 and older, beginners	72, 80, 90, 100, +100 kg
13.	Masters men 1990 and older	72, 80, 90, 100, +100 kg
14.	For absolute winner of the belt (Men, Women)	Common

Discipline NoGi

Group	Participates	Weight categories
1	Girls U11, 2014 and youngers	23, 26, 29, 33, 37, 41, 47, 53, +53 kg
2	Girls U15, 2010-2013 m.	26,29, 33, 37, 41, 47, 53, 61, +61 kg
3.	Womens 2009 and older, beginners	47, 53, 61, 69, 77, +77 kg
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Note: if only one, two participant registers in a weight-category, they are moved one weight category up.

Only prize-winners of weight categories can participate for the absolute champion belt.

BEGINNERS athletes who have - BJJ white belt; Judo - white to green belt; IGF - white to green belt; or athletes who have been practicing any wrestling sport for not more than 2 years!

IV. HOLDING THE COMPETITION

The judge panel approved by LGF holds the competition.

V. RULES

Competitions follow the competition system adopted by IGF. http://www.grapplingfederation.com/rules

VI. AWARDS

Winners and prize-winners of individual competitions are awarded with medals of the appropriate degree. Absolute winners – belts

VII. CONDITIONS OF ACCEPTANCE

Participant fee for one discipline:

Normal registration until April 20 – 30 euros,

Late registration from April 21 to 24 - 40 euros.

The fee is paid in the registration system (https://smoothcomp.com) by credit card or in the bank account of the Lithuanian Grappling Federation:

Lithuanian Grappling Federation

Bank: Luminor Bank AS

Bank account IBAN: LT264010051001970289

SWIFT: AGBLLT2X

(In the designation we write: Participant fee, discipline (Gi ; NoGi) participant's name and surname)

Travel expenses for athletes and coaches shall be paid by the sending organization.

Sending organization and coach are responsible for competition participants' health and security.

We recommend having a health insurance for participants of the competition.

VII. REGISTRATION

The number of participants is unlimited.

Registration www.smoothcomp.com until 24 April 2025 at 24.00 h (Time of Lithuania)

Athletes who have not registered in advance and/or paid the participation fee will not be registered for the competition on the day of the competition.

If during the weigh-in the athlete exceeds the weight in which he registered for the competition, he will be promoted to a higher weight category only after paying an additional fee of 10 euros, otherwise a defeat will be counted!

In the absence of opponents in the beginner age groups and the possibility to move to a higher weight category, the organizers reserve the right to move the athlete(s) to advanced age groups.

In the absence of opponents in the age groups of masters men and the possibility of transferring to a higher weight category, the organizers reserve the right to transfer the athlete to the age groups of adult men.

The paid participation fee is non-refundable Information by e-mail: <u>lietuvosgrapplingfederacija@gmail.com</u>

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Note: Registration fee is paid in the bank account of the Lithuanian Grappling Federation Bank: Luminor Bank AS Bank account IBAN: LT264010051001970289 SWIFT: AGBLLT2X